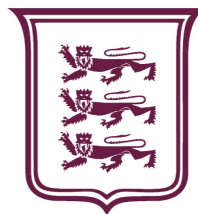




England
Rugby



GLOUCESTERSHIRE
RUGBY
FOOTBALL
UNION

Rugby Development News

Forest of Dean and Gloucester

2nd Edition October 2014

“Strengthening clubs and growing the game in the communities around them”

Headlines News

Longlevens and Dowty Half pitch 7's

Drybrook touch success!

Brockworth Badger's 7's

Under 16's 7's Grand Prix

Game Management System

Volunteer Reward & Recognition

Gloucester Old Boys RFC Social Spaces Grant

RWC2015 Team Bases confirmed

Yellow Card Sanctions in Junior Rugby

The Coaching Lounge

Dates for the diary:

- Student Volunteering Workshop @ Hartpury College **8th October 6:30pm – 8:30pm**
- Club Volunteering Workshop @ UoG, Oxstalls Campus **13th October 6:30pm – 8:30pm**
- Rugby Teachers course @ UoG, Oxstalls Campus **30th Nov 9:30 – 4:30pm**
- Retention Workshop 16-24 – Playing Opportunities – **1st December 7pm – Venue TBC**
- Safeguarding Course (Play it Safe) @ Chelt North RFC **8th October 6.30–9.30pm**
- First Aid Course @ Southmead RFC **19th October 9.30–1.30**
- Putting Kids First & New Rules of Play Workshop @ Glos Old Boys RFC **20th Oct – 6.30pm**

Please contact ashleystephens@rfu.com for further details.

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Longlevens RFC & Dowty RFC Half Pitch 7's

Longlevens and Dowty put on a great day of half pitch 7's on Saturday 2nd August, teams from Longlevens, Dowty, Coney Hill and Hardwicke & Quedgeley attended the day in great spirit! There was some exciting rugby on display with lots of try's being scored. The bouncy Castle and cakes were a huge hit and went down very well with all who attended the day! If you want more details about next year's event please make contact with your local CRC team Tom Eddolls or Stu Bradfield on tomeddolls@rfu.com / stuartbradfield@rfu.com.

Drybrook Touch Event Success!

Saturday 5th July saw Drybrook hold their fourth Annual Touch Rugby Tournament and Family fun day. All areas of the club were represented on the day and working well together. With 10 Senior sides in the competition and 8 junior and mini teams involved there were 23 games played across the day. Some thrilling rugby and silky skills were on display in the senior competition and the day climaxed with the senior final when "Large and in charge" captained by Dean Jelf met "Western Fury" led by Rhys Gardner. After a closely fought game at full time the scores were tied at 1-1, this meant sudden death. Eventually Large and in charge broke the deadlock to take the title. Celebrations continued outside the club house with a live performance from the Sons of Warren James while the kids enjoyed the inflatables until the early evening. This success goes to show that rugby activity during the summer months is a valuable recruitment and retention tool.



Brockworth Badgers 7's

The Brockworth Badgers 7's event proved to be a big hit this year! John Seddon from Brockworth RFC said 'it increased the profile of the club, helped us raise some much needed funds for the youth section and pulled together all club members to make the day a success.' A Nice touch at the end England 7s star Dan Norton's father Aubrey handed out the plate and cup winners medals. John went onto say 'we wanted the theme to be fun and introduce young players to the great 7's game, hence we kept the day moving along quickly backed up by an all day BBQ and music'. All the teams who participated enjoyed the day and wanted to make this an annual event perhaps each side hosting future tournaments next summer. If you want more details on next year's event please contact John Seddon on John.Seddon@inchcape.co.uk



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FoD U16's 7's Grand Prix

Bream, Drybrook and Newent all hosted a 7's Grand Prix event during this years summer 7's season. It was a huge success with all teams playing some scintillating rugby! Drybrook run away winners at both the Drybrook and Newent leg and Newent running away victors at Breams leg of the circuit. A huge thanks must go to Stephanie Watts, Paul Dando and Lee Timmins for running their clubs event! Please get in contact with your local CRC if you want a helping hand in organising an event!



New Game Management System (GMS)

GMS is now live and RugbyFirst is no more! Please ensure all club volunteers are set up in their relevant roles so they can access the right parts of the system. Login details are as they were for RugbyFirst. If anyone is experiencing issues, or has questions concerning the new system, please email Ashley Stephens or contact the GMS user helpdesk:

Email: GMS@therfu.com / Tel: 0208 831 6651. There are also user guides and information on the county website to assist new users www.gloucestershirerfu.co.uk

ACTION: All club members to update the following 5 pieces of information on the system:-

First Name, Last Name, DOB, Postcode & Email. Thank you.

VOLUNTEER RECOGNITION AND REWARD PROGRAMME

In addition to the prestigious annual Gloucestershire Awards, GRFU, in conjunction with the RFU, run a Volunteer Recognition & Reward Programme. Nominations are welcomed by all clubs and associated bodies.

If you know of a volunteer who has worked tirelessly for your club over a long period and the club would like to recognise them next season, please complete the nomination form (forms can be found on www.gloucestershirerfu.co.uk) which will be sent to the GRFU Panel for consideration.

These awards vary from lunch with the RFU President, Twickenham tickets to RFU gifts.

If you need any guidance on this please contact County Office.— cb-honsec-glos@therfu.com

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RFU Transforming Social Spaces Grant for Gloucester Old Boys RFC



BEFORE

Glos OB RFC received a major boost this week when they officially opened their new clubhouse. The club were chosen by the RFU to be a recipient of the Transforming Social Spaces Grants for the 2015 RWC2015. The grant will enhance the club's social facilities and provide a resource to be used by the local community.

"We are delighted that our project has been chosen as a recipient for a Transforming Social Spaces Grant. We will now have some of the best facilities in the area that local people

from Hucclecote, Barnwood, Longlevens and City Centre can use. The RWC2015 will inspire a new wave of people of all ages to become involved in rugby and this RFU investment will help our club to be even better equipped to welcome newcomers." **Club Chairman, Shane Bubbs.**



AFTER



RWC2015 Team Base Confirmed for Hartpury College



Huge congratulations to Hartpury College who have been confirmed to be an official team training base for the 2015 Rugby World Cup. They will host both Scotland and the USA between September 18th and October 31st 2015.

The full list of Rugby World Cup 2015 Team Bases is available at www.rugbyworldcup.com

'Sin Bin' in the Youth Game

RFU Regulation 15 has been amended in relation to the Sin Bin duration being reduced proportionately in the youth game. If a player is temporarily suspended in an Age Grade match, the duration of time in the Sin Bin shall be as follows:

- U13 and U14 - 5 minutes
- U15 - 6 minutes
- U16, U17 and U18 - 7 minutes

There are no formal Sin Bin/yellow cards in the U12s and below game as this is considered unnecessary at this age. It is felt that it is more appropriate for the coaches and referee to manage to situation as they think fit.

This change, together with the other IRB Law variations for U13s to U18s boys and girls, are set out in Appendix 2 (Boys) and Appendix 3 (Girls) of RFU Regulation 15 which are available at www.englandrugby.com

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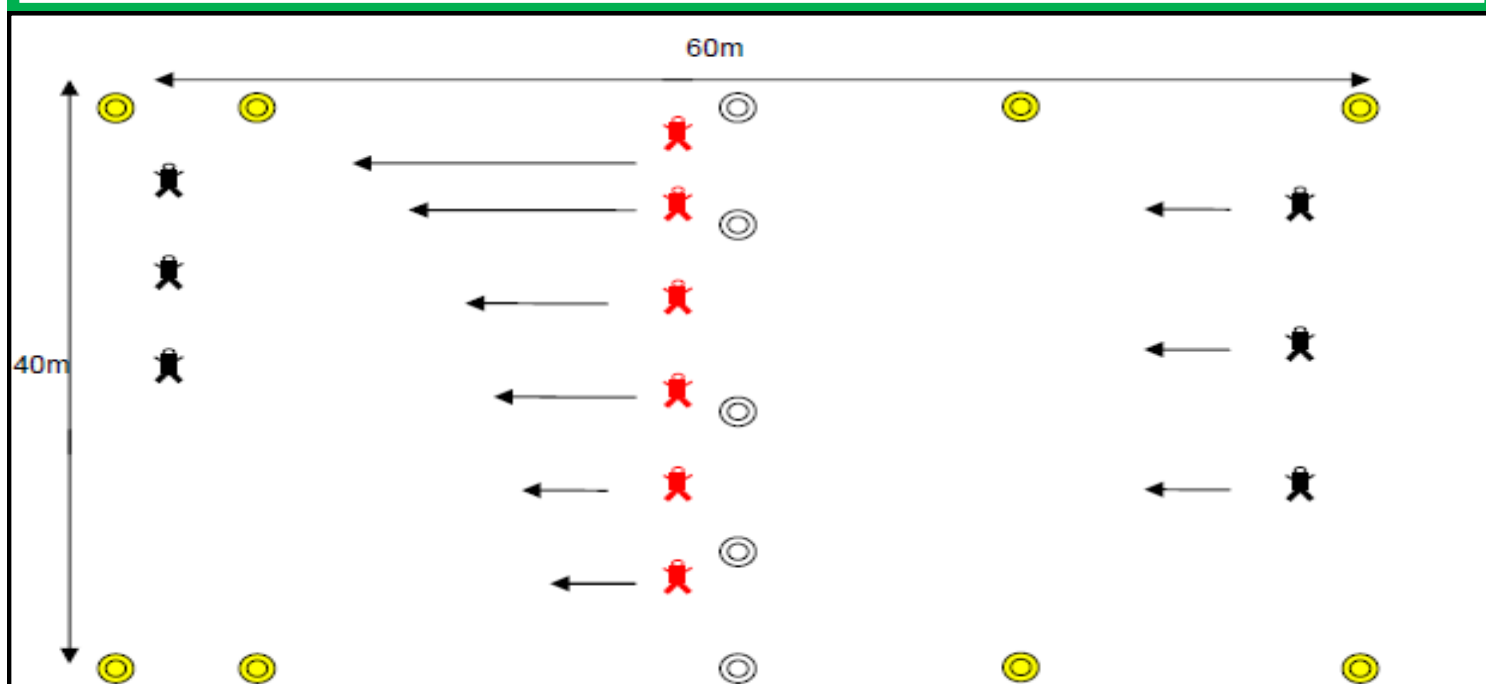
In this months edition please use this game below and tell us how you get on when using it!

Game: Parramatta Touch

Equipment needed: 4 cones & a ball

Area: 60x 40

Game Description: Attack from the centre cones, and attack one defensive zone. Attack only get one chance to score. If this occurs, or a touch is made, dropped ball, forward pass etc. The attack turns around and immediately attacks the far zone. This continued for a set time dictated by the coach



Key Coaching Points

- Lined of running must be effective in order to score.
- Attacking a drift and blitz defence

Relevance to the Game

- Attacking weak defences
- Essentially you have 3 x 2vs1's

“The test of a good coach is that when they leave, others will carry on successfully”

COACHING COURSES COMING SOON...

- Advanced CPD Game Planning @ University of Gloucestershire, Oxtalls campus **6th October 7-10pm**
- Level 2 Coaching the 15 aside game @ Hartpury College **19th October, 26th October & 2nd November 9-5pm**
- Scrum Factory @ Cheltenham North RFC **10th October 6:30pm-9:30pm**
- Scrum Factory @ Old Richians RFC **4th October 10am-1pm**
- Rugby Ready @ Drybrook RFC **10th November 7-9pm**

Please visit www.englandrugby.com/my-rugby/courses for more details

MEET THE DEVELOPMENT TEAM



England
Rugby

RDO



*"Strengthening clubs and
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them"*

CRC



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Brockworth RFC

Coney Hill RFC

Chosen Hill FP RFC

Dowty RFC

Gloucester Old Boys RFC

Hucclecote RFC

Matson RFC

Old Centralians

Old Cryptians RFC

Old Richians RFC

Tredworth RFC

University of Gloucestershire RFC

Widden Old Boys RFC

Bamboos 7's

Berry Hill RFC

Bream RFC

Cinderford RFC

Drybrook RFC

Gordon League RFC

Gloucester All Blues RFC

Hardwicke & Quedgeley Harlequins RFC

Hartpury College RFC

Lydney RFC

Newent RFC

Spartans RFC

Westbury-on-Severn RFC

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